



LOUGH
ERNE

RESORT



THE THAI SPA TREATMENT TARIFFS

ESPA FACIAL TREATMENTS

Personalised Facials 60 minutes.....£85

Choose from one of the following:

• De-sensitiser • Hydration • Skin Radiance Facial • Skin Purifying Facial

Advanced Skin Radiance Facial 90 minutes£120

Age-Defyer Facial 90 minutes.....£120

Lift and Firm Eye Treatment 30 minutes£55

ESPA BODY TREATMENTS

Hot Stone Neck & Scalp Treatment 90 minutes.....£120

Toxin Fighter Wrap 60 minutes.....£80

Personalised Body Wrap 60 minutes£80

Espa Salt & Oil Body Scrub – Detoxifying, Invigorating or Relaxing 30 minutes£55

MASSAGE TREATMENTS

Body Bliss 60 minutes£85

Aroma Indulgence 60 minutes£85

Hot Stone Massage 60 minutes£95

Neck, Back and Shoulder Relief 30 minutes£55

Oriental Scalp Massage 30 minutes£55

Oriental Foot Massage 30 minutes£55

Targeted Treat 60 minutes£85

ESPA MATERNITY

Pre & Post Natal Treatment 30 or 60 minutes£55 & £85

THAI HAIR TREATMENTS

Siam Dream Hair 45 minutes£60

TRADITIONAL THAI MASSAGE

90 minutes.....£120

60 minutes.....£90

ESPA FOR MEN FACE & BODY

Mens Targeted Treatment 90 minutes	£120
Espa Age Rebel Facial 90 minutes	£120
Men's Personalised Facial Duration 60 minutes.....	£90
Hot Stone Massage 60 minutes	£95

HAND AND FOOT TREATMENTS

Foot Beauty Ritual 30 minutes	£55
Silky Radiant Hands 30 minutes.....	£55

LOUGH ERNE SIGNATURE EXPERIENCES

Golfers tonic 120 minutes	£130
Thai Herbal Healer 120 minutes	£130
Cygnets Spa, Angel bliss for Parent & Child 45 minutes.....	£130

THAI SPA PACKAGES

Half Day Packages (inclusive of a light spa lunch)	Mon - Thur	Fri, Sat, Sun
Exhale 90 minutes	£100	£125
Youth Elixir 90 minutes	£100	£125
Traditional 120 minutes	£135	£165
Luxury Lotus 120 minutes	£135	£155
Couples Divine Getaway 90 minutes Per Person	£105	£130

FINISHING TOUCHES

Essie Luxury Manicure 60mins	£70
Essie Luxury Pedicure 60min	£70
Essie Mini Manicure File & Includes Nail Polish of your choice to take home (<i>hands or feet</i>).....	£35
Essie Gel Polish & Mini Manicure (<i>hands or feet</i>)	£40
Gel soak off.....	£30

The Thai Spa Journey

The Thai Spa at Lough Erne Resort promises to give you a Spa journey which will leave you feeling totally restored and revived. We recommend that you arrive at The Thai Spa 30 minutes prior to your treatment, to allow you time to savour some unique Thai pre-treatment offerings, which will enhance your spa experience. After changing into your Spa robe and slippers, you will be guided into the heart of The Thai Spa where you can avail of our light Thermal area consisting of an Aroma Crystal Steam Room, Light Therapy Sauna and Tropical Rain Shower. Your senses will be delighted with the combination of varying heat and scented air embodying essences reminiscent of Thailand, such as lemongrass, jasmine and coconut.

In the pre-treatment Sabi Sabi Area, the translation of which aptly means Health and Happiness, you will have the opportunity to taste Thailand with our exotic fruit of the day and Thai Tonic beverage which completes this stage of the journey before your treatment time begins.

Your treatment will also give you the chance to select from Espa Oils and will be delivered in a nurturing and therapeutic way, which has become synonymous with the Thai peoples' calming nature. Following your treatment, you are advised to rest and reflect in Lap Sabai, meaning 'deep sleep' area and enjoy an infused herbal tea or you may wish to experience a unique Asian blossoming tea ceremony or a Thai health specific smoothie. Although your ultimate destination may be relaxation... we pride ourselves on taking you on a journey that embraces all the senses throughout The Thai Spa. Please note that your Thai Spa Journey will vary according to your selected Thai Spa Treatment.

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